



Unit 1

At the track

Lessons 1,2,3

Vocabulary

1 Look, listen and read.



Today, we're at the track. There's a big sports event. Lots of athletes from different schools are competing.

Look! They are wearing red, blue, green and black.

There are competitions in running, jumping and throwing. I'm watching the long jump. I think the athlete wearing red will win.



2 Vocabulary & Expressions

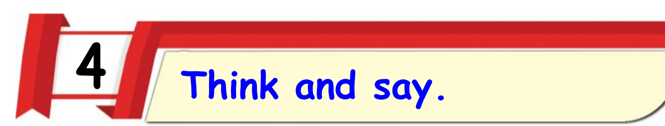
track	مسار - ممر
sports event	حدث رياضي
lots of	كثير من
athlete	لاعب رياضي
different	مختلف
school	مدرسة
compete (**competed**)	يتنافس
competition	مسابقة
wear (**wore**)	يرتدي
run (**ran**)	يجري
jump (**jumped**)	يقفز
throw (**threw**)	يرمي
win (**won**)	يفوز
winner	فائز
race	سباق
measure (**measured**)	يقيس
medal	ميدالية
meter	متر
around	حول
field	ملعب - ساحة
easy x difficult	سهل x صعب
T-shirt	تي شيرت
hear (**heard**)	يسمع
think (**thought**)	يعتقد - يفكر
distance	مسافة
tired	متعب

How far...?	كم المسافة...؟
How fast...?	كم السرعة...؟
How high...?	كم ارتفاعه...؟
Who...?	من للعاقل...؟
Why...?	لماذا...؟
What...?	ما/ماذا...؟
higher (**the highest**)	أعلى (الأعلى)
faster (**the fastest**)	أسرع (الأسرع)
farther (**the farthest**)	أبعد (الأبعد)
high jump	الوثب العالي
long jump	الوثب الطويل
exciting	مثير
come second	يأتي في المرتبة الثانية
support a friend	يدعم صديق
try harder	يبذل جهد أكبر
do exercise	يقوم بتمارين
parents	الوالدين
warm up	يتمرن (يقوم بالإحماء)
runner	عداء
record (**recorded**)	يسجل
healthy	صحي
worried about	قلق بشأن
seconds	ثواني
ready to	جاهز - مستعد لـ
snack	وجبة خفيفة
month	شهر

3 Read and circle.

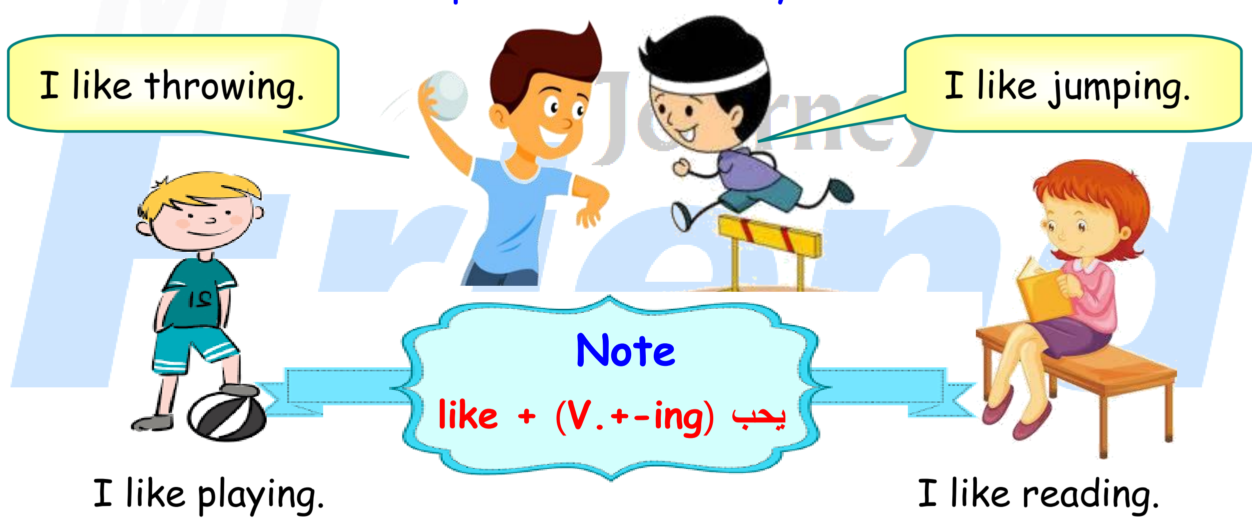
I'm at a sports event today with Mommy and my brother. Some athletes / medals are running. The track / athlete is 800 meters around the field. The race / throw is exciting – the athletes are running very quickly. I hope Waleed wins / throws today!

There is a throwing competition, too. You have to throw / jump the ball as far as you can. Three meters is a good race / distance for throwing the ball. Someone measures / competes how far the athletes throw the ball. That athlete competed / measured in a sports event and won.



4 Think and say.

What sports events do you like?





5 Read and complete.

compete - win - measuring - jump - distance - throw

1. The race track is a .... of 800 meters.
2. Youssef can .... the ball a long way.
3. Salma wants to .... the 100 meter race.
4. Miss Mona is .... how far you jumped.
5. Ten athletes will .... in the 200 meter race this afternoon.



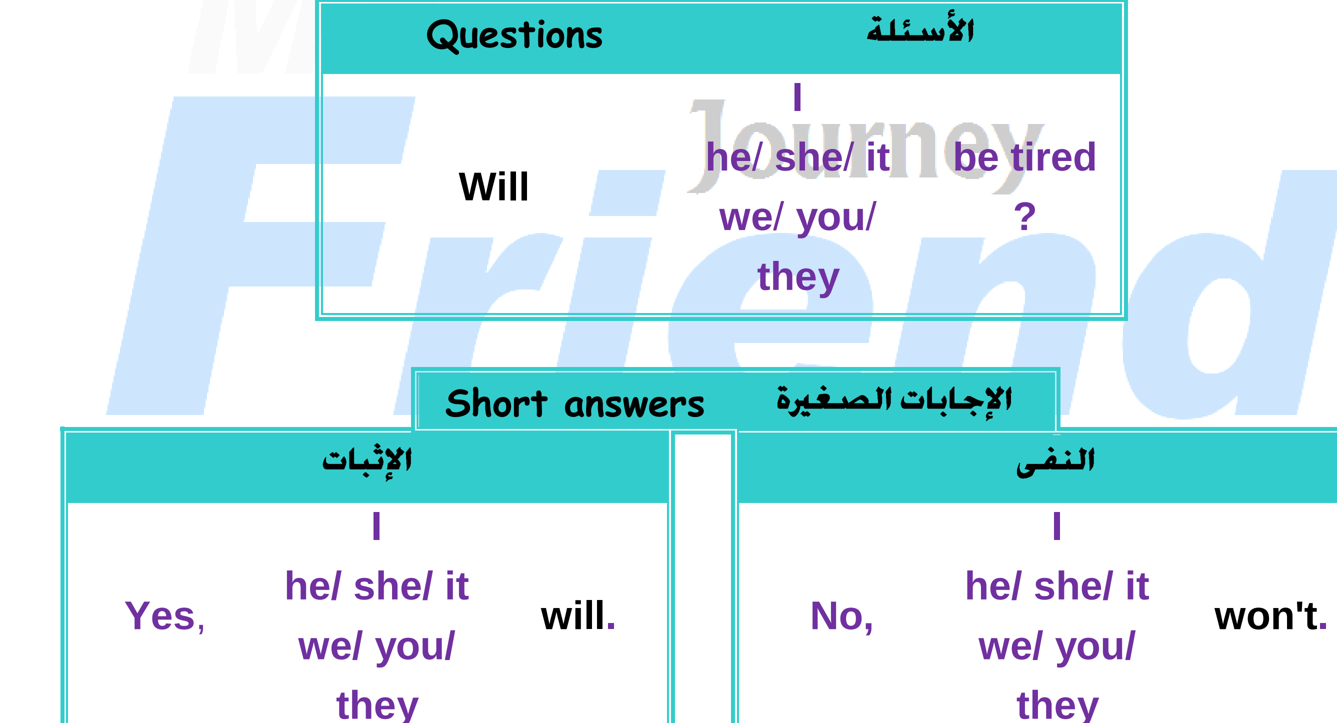


Future (will)

نستخدم زمن will للتحدث عن الأحداث التي يتوقع حدوثها في المستقبل القريب أو البعيد.
المستقبل البسيط مع

Affirmative	المثبت
I He/ She/ It We/ You/ They	will will be tired.

Negative	المنفى
I He/ She/ It We/ You/ They	will not won't be tired.



Questions	الأسئلة	
Will	I he/ she/ it we/ you/ they	be tired ?

Short answers الإجابات الصغيرة

الإثبات		
Yes,	I he/ she/ it we/ you/ they	will.

النفى		
No,	I he/ she/ it we/ you/ they	won't.

Examples

I think the athlete on the left will win.

It won't be easy to win today!

Will they be tired?





1 Listen, read and say.



I think the athlete wearing the green T-shirt will win.



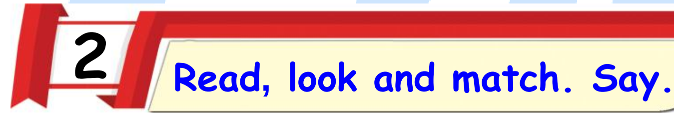
I think our school will get a medal today!



Will it be a good competition?

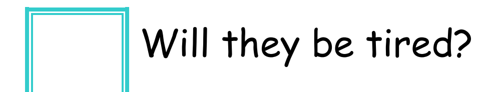


It won't be easy to win today!



2 Read, look and match. Say.

- [ ] I think the event will be amazing.



- [ ] Will they be tired?
- [ ] It won't be difficult to hear him!
- [ ] The winner will be happy!





Language Use

Comparative adjectives صفات المقارنة

عند المقارنة بين اثنين نستخدم:

adj./ الصفة + er + than

Retaj jumped higher than Aysel.

Nadia jumped farther than Rasha.

Superlative adjectives صفات التفضيل

عند مقارنة بين أكثر من اثنين نستخدم:

the + adj./ الصفة + est

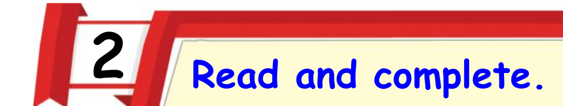
Sally jumped the fastest.

Ali jumped the highest.

1 Look and answer.

Name	Time for 100-meter race
Fares	18 seconds
Sherif	14 seconds
Amir	15 seconds
Tarek	16 seconds
Adam	17 seconds

1. Who was the fastest? Sherif was the fastest.
2. Who was the slowest? ....
3. Was Adam faster than Tarek? ....
4. Was Amir faster than Adam? ....
5. Was Tarek faster than Amir? ....



2 Read and complete.

will - won't

1. .... Fares win the race?
2. Amira .... get a medal. She didn't jump high.
3. They won the competition! They .... be happy.
4. Youssef ran three races today. He .... be tired.
5. There are lots of good athletes here. It .... be easy to win.
6. .... Dina enter the throwing competition?

3 Read and order.

1. can - she - far - jump - How?

.... She can jump three meters.

2. run - he - How - can - fast?

.... He can run 80 meters in 16 seconds.

3. the - far - she - ball - How - throw - can?

.... She can throw the ball 12 meters.

4. he - jump - can - high - How?

.... He can jump one meter.





1 Read and complete.

T-shirt - Who - be - won - event

1. There's a big sports ....
2. He is wearing red ....
3. We .... the competition.
4. It won't .... easy to win.
5. .... was the fastest?

2 Read and match.

1. Was Hana the........ — a. fast can he run?
2. How .... — b. slower?
3. I support my .... — c. three meters.
4. He can jump .... — d. slowest?
— e. friend.

4 Supply the missing letters.

1. 
at_le_e

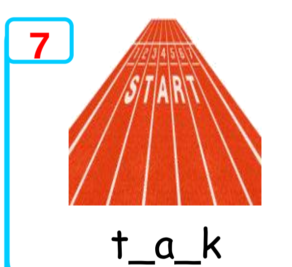
2. 
j_ _p

3. 
eda

4. 
ra_ _

5. 
th_ _w

6. we_ _

7. 

t_a_k

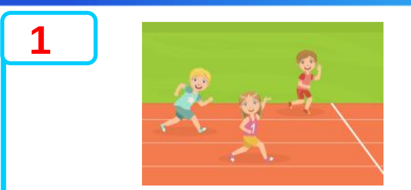
8. 
ha_p_

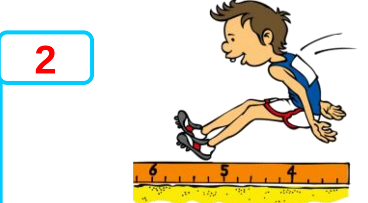
3 Underline the correct words in brackets.

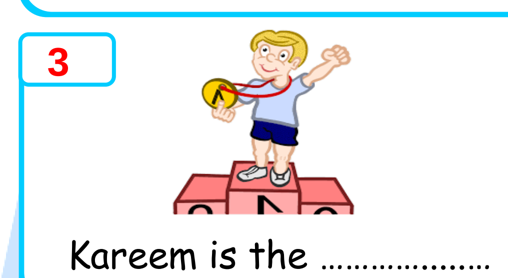
1. Retaj jumped (high - higher - highest) than Dana.
2. (Who - Where - How) far can he jump?
3. He will (win - won - wins) the medal.
4. We (make - go - do) a lot of exercises.
5. I warm (on - at - up) with my friend.
6. Ramy jumped the (far - farthest - farther).

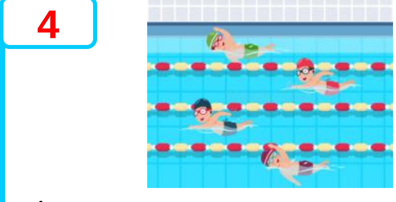


5 Look and write.

1

She is ....

2

He is doing the long ....

3

Kareem is the ....

4

There is a .... competition.

6 Read the following passage and answer the questions:

Ahmed Ayman was born in Giza in 1980. He is a doctor. He works in a hospital in Aswan. He likes his job very much. He likes helping poor people. Every day he examines patients. He gives them medicine. He is married and he has three children. Ahmed's wife is a housewife. Ahmed goes to Cairo every month. He visits his friends there.

A. Answer the following questions:

1. Where was Ahmed born? ....
2. Where does his wife work? ....

B. Choose the correct answer.

3. Ahmed (examines - looks - teaches) patients and gives them medicine.
4. There are (three - five - two) people in Ahmed's family.



Lessons 4,5,6

1 Vocabulary & Expressions

beginning	بداية
middle	منتصف
end	نهاية
running	جري - ركض
throwing	رمي
jumping	قفز
children	أطفال
It's hard to..	من الصعب أن...
next week	الاسبوع القادم
train (**trained**)	يتمرن
How often...?	كم عدد المرات...؟
Which...?	ما - أي...؟
rule	قاعدة
make fun of	يسخر من
friend	صديق
laugh (**laughed**)	يضحك
tell (**told**)	يخبر
spread (**spread**)	ينشر
secret	سر
rumor	إشاعة - شائعة
pressure (**pressured**)	يضغط
listen (**to**)	يستمع إلي
idea	فكرة

support a friend	يدعم صديق
apologize (**apologized**)	يعتذر
important	مهم - هام
have fun = enjoy	يستمتع
scared of	خائف من
ice	ثلج
city	مدينة
citadel	قلعة
space	فضاء
bicycle	دراجة
distance	مسافة
carrot	جزرة
sports center	مركز رياضي
cookie	كعكة صغيرة
mice (**mouse**)	فئران (فأر)
policeman	شرطي
camera	كاميرا
plastic	بلاستيك
How many...?	كم العدد...؟
How long...?	كم المدة الزمنية...؟
When...?	متي...؟
Where...?	أين...؟
music	موسيقي



Conjunctions أدوات الربط

Conjunctions are words that join sentences and parts of a sentence.

أدوات الربط هي التي تربط الجمل و أجزاء الجملة

(and و - or أو - but لكن - so لذلك - because لأن)

and is used to join sentences or nouns.

تُستخدم لربط جمل (متطابقة) أو أسماء.

I like popcorn and ice cream.

or is used to show choice (It comes with the negative sentence).

تُستخدم للتعبير عن الاختيار وتأتي مع الجملة المنفية.

I don't like throwing or jumping.

but is used to show contrast.

تُستخدم لربط جملتين متناقضتين.

I like popcorn and ice cream.

so is used to show the result of something.

تُستخدم للتعبير عن النتيجة لشئ ما.

I was sick so I went to the hospital.

because is used to show the cause of something.

تُستخدم للتعبير عن السبب لشئ ما.

I feel angry because I can't find my bag.



1 Read and complete.

and **but** **because** **so** **or**

1. I like running …………………… jumping.
2. It's hard to run today …………………… it's hot.
3. I like running ……………………… I'm not very fast.
4. She doesn't like throwing ………………… jumping.

2 Look and complete.



1. They will run ……………………
2. How …………………… can you run?
3. Do you enjoy long ……………………… running?
4. Who do you think …………………… win?

3 Look and answer.

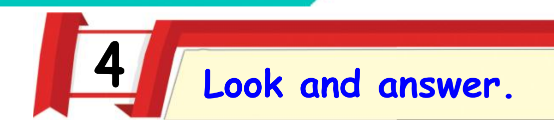
Which sport do you think is Easy? Which sport is difficult?

Do you enjoy running?



How often do you do sport?





4 Look and answer.

My rules for being a good friend!

قواعدي لتكون صديق جيد!

1. Never make fun of your friends! It isn't kind to laugh at people.
   لا تسخر من أصدقائك. ليس من الذوق أن تضحك علي الناس.
2. Never tell your friend's secrets to other people.
   لا تنقل أسرار صديقك إلي الأخرين.
3. Never spread rumors about your friends.
   لا تنشر إشاعات عن أصدقائك.
4. Never pressure your friend to do something he or she doesn't want to do. لا تجبر صديقك أن يفعل شئ لا يرغب فيه.
5. Listen to your friend's ideas. استمع إلي وجهة نظر صديقك
6. Support your friend. ساند صديقك
7. If you make your friend sad, it's good to apologize. Saying sorry is important. إن أسأت إلي صديقك من الجيد أن تعتذر. فالاعتذار هام
8. Have fun together! استمتعوا معاً!

5 Read again and complete the table.

spread rumors make fun of listen tell secrets
pressure someone support have fun apologize

Good	Bad
....	....
....	....
....	....
....	....



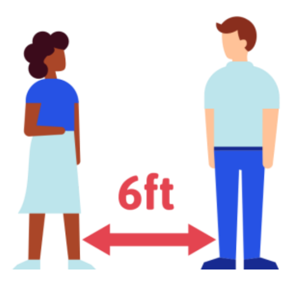
Learn phonics with Busy Bee!



1 Listen, point and say.



race



distance



city



citadel



ice



space



bicycle



2 Write and say.

We r_ _ _ d to the c_ _ _ on our

b_ _ _ _ _ _ _s. We saw the c_ _ _ _ _ _ _

and ate i_ _ cream!





Look and read.


carrot

distance


race


plastic


sports center


cookie


mice


policeman


camera



Listen, sort and write.

cake camel citadel city coffee cold

face ice music pencil rice

c sounds like k	c sounds like s
....	....
....	....
....	....
....	....
....	....
....	....



CLIL: Math: Units of measurement

1 Vocabulary & Expressions

unit	وحدة
measurement	قياس
second	ثانية
meter	متر
centimeter	سنتيمتر
kilometer	كيلومتر
hour	ساعة
minute	دقيقة
small	صغير
large	كبير
January	يناير
February	فبراير
March	مارس
April	ابريل
May	مايو
June	يونيو
July	يوليو
August	أغسطس
September	سبتمبر
October	أكتوبر
November	نوفمبر
December	ديسمبر
graph	رسم بياني

happen (**happened**)	يحدث
world record	الرقم القياسي العالمي
country	دولة
famous	مشهور
Egyptian	مصري
footballer	لاعب كرة القدم
English team	فريق انجليزي
score (**scored**)	يحرز هدف
goal	هدف
season	موسم - فصل
the Africa Cup of Nations	كأس الأمم الإفريقية
cyclist	راكب الدراجة
GPS	نظام تحديد المواقع
direction	اتجاه
Pyramids of Giza	أهرامات الجيزة
journey	رحلة
map	خريطة
heart	قلب
national	وطني - قومي
medal	ميدالية
volleyball	كرة الطائرة
Cairo Museum	متحف القاهرة
Valley of the Kings	وادي الملوك

2 Read and write T(time) or D(distance).

seconds	....	centimeters	....
hours	....	kilometers	....
meters	....	minutes	....



3 Look at the line graph and answer.

Aya started training for a running competition in January. It's July now. Look at the graph of her fastest times each month.

Aya's fastest 200-meter times

January	45 seconds	February	41 seconds
March	43 seconds	April	36 seconds
May	35 seconds	June	33 seconds

1. Does the graph measure time or distance? ....
2. What was Aya's fastest time in January? ....
3. What was her fastest time in June? ....
4. Is Aya getting faster or slower? ....
5. What happens to the line on the graph? ....



4 Read and made a line graph.

Ramy is training for a long jump competition. Look at his distances and make a line graph.

Day	Distance	Day	Distance	Day	Distance
Week 1	350 cm	Week 2	355 cm	Week 3	361 cm
Week 5	363 cm	Week 4	365 cm		



CLIL : Social Studies: World records



Listen and read.



World records

What is a world record? It's something which is the fastest biggest, oldest or smallest in the world. People in many different countries like trying to make new world records all the time Here are some famous Egyptian world records.

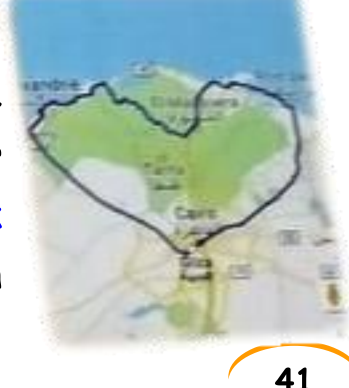
Did you know...?

In 2017/2018, the Egyptian footballer Mohamed Salah set a world record when he played for the English team Liverpool. He scored the highest number of goals in one season- 32 goals!

Egypt's national football team has a world record too. It is for winning the Africa Cup of Nations the most times. It won seven times, in 1957, 1959, 1986 1998, 2006, 2008 and 2010!

And in 2018, cyclists in Egypt made a new world record. They made the largest GPS drawing by bicycle The challenge was to cycle 761 km around Egypt, and record the direction of the race. The cyclists started at the Great Pyramids of Giza, and it took three days to finish.

The picture of their journey made the shape of a heart on the map! It was important because it made people think about how important it is to keep your heart healthy. It isn't just Egyptian people who break world records. The Egyptian Mau is the fastest cat in the world. It can run up to 48 Kilometers an hour!





Egypt's World Record Quiz

1. In which sport did Mohamed Salah set a world record?

a. basketball b. volleyball c. football

2. How many goals did he score in one season?

a. 32 b. 22 c. 12

3. How many times did Egypt's national football team win the Africa Cup of Nations?

a. 3 b. 5 c. 7

4. When did cyclists in Egypt set a record for cycling around Egypt?

a. 2018 b. 2019 c. 2020

5. How far did they cycle?

a. 871 K.m b. 761 K.m c. 651 K.m

6. Where did the race start?

a. Cairo Museum
b. Valley of the kings
c. Great Pyramids of Giza

7. How long did it take to finish?

a. 24 hours b. three days c. one week

8. What shape did their journey make on the map?

a. a heart b. a face c. a foot

9. How fast can the Egyptian Mau cat run?

a. 8 Km on hour b. 18Km on hour c. 48 Km on hour





1 Underline the correct words in brackets.

1. I like reading (so - but - and) drawing.
2. We played basketball (and - but - so) we didn't play volleyball.
3. She doesn't like running (and - but - or) running.
4. It was cold today (so - but - because) I wore a jacket.
5. He wants to try harder (so - but - because) he came second.
6. How (far - often - fast) do you do sport? I do sport every day.
7. Do you enjoy (run - runs - running)?
8. Never make (fun - fan - fin) of your friend.
9. Never (pick - walk - tell) your friend's secrets to other people.
10. Listen (on - to - of) your friend's ideas.
11. We (am - are - have) fun together.
12. Never (play - spread - sprint) rumors.
13. He (apologized - made - spread) for telling my secret.
14. There are 60 (hours - days - seconds) in a minute.
15. Mohamed Salah (told - scored - apologized) a lot of goals.
16. How (far - many - high) goals did he score? 32 goals

2 Rearrange.

1. my - It's - city - in.

....

2. me - Let - you - help.

....

3. tell - secrets - friend's - your - Never .

....

Unit 1

3 Read and match.

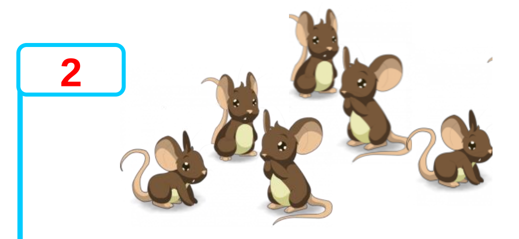
1. Let's play
2. Are you
3. How fast
4. I like throwing

a. and jumping.
b. knot.
c. OK?
d. can he run?
e. a game.

4 Look and write.

1

We saw the ....

2

There are six ....

3

I ate ....

4
He is a ....

5 Supply the missing letters.

1

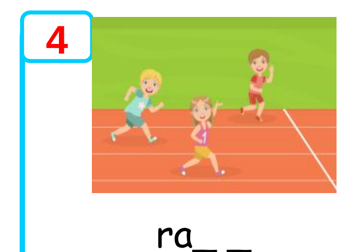
b_ _ycle

2

coo_i_s

3

c_ _rots

4

ra_ _

5
pla_ti_

6

ca_e_a



6 Read the following passage and answer the questions:

In 2017/2018, the Egyptian footballer Mohamed Salah set a world record when he played for the English team, Liverpool. He scored the highest number of goals in one season - 32 goals!

Egypt's national football team has a world record too. It is for winning the Africa Cup of Nations the most times. It won seven times, in 1957, 1959, 1986, 1998, 2006, 2008, and 2010!

A. Answer the following questions:

1. Who is Mohamed Salah? ....
2. What is the name of Mohamed Salah's team? ....

B. Choose the correct answer.

3. Mohamed Salah scored the (least - lowest - highest) number of goals in one season.
4. Egypt's national (volleyball - football - basketball) team has a world record too.

7 Read and circle.

1. Dalia is faster/ the fastest runner. I think she will/ won't win the race.
2. Youssef is faster/ the fastest than Adam. I think he won't/ will win the competition.
3. Tarek is slower/ the slowest. He won't/ will get a medal.

8 Read and complete.

But and because so or

1. Jamil is good at running .... throwing the ball.
2. I like helping Mona .... she's my friend.
3. Adam liked running .... he doesn't like jumping.
4. Dina wants to get better .... she trains every day.





1 Underline the correct words in brackets.

1. (Who - How - Which) far can he run?
2. Never (make - do - go) fun of your friends.
3. (Spread - Pressure - Support) your friend.
4. It's hard to run today (so - because - but) it's hot.
5. Who do you think will (win - wins - winning)?
6. I like running (and - but - so) I'm not very fast.
7. Dina jumped (high - highest - higher) than Lara.
8. Retaj ran the (fast - fastest - faster).
9. We warm (up - on - of) together.
10. I like running (so - but - and) swimming.

2 Read and circle Yes or No.

1. To support a friend means to help a friend. Yes / No
2. A cyclist is a person who flies a plane. Yes / No
3. There are 30 minutes in an hour. Yes / No
4. Never make fun of your friend! Yes / No
5. Mohamed Salah is a cyclist. Yes / No
6. Egyptian Mau is the biggest cat in the world. Yes / No



3 Rearrange.

1. team - for - He - the - played - English.

   ....

2. on - We - bicycles - our - go out.

   ....

3. do - What - wear - they?

   ....

4 Read and match.

1. I visited the Great
2. The cyclists made
3. Never tell
4. Will they

a. a new world record.
b. be tired?
c. throwing.
d. Pyramids of Giza.
e. your friend's secrets.

5 Read the following passage and answer the questions:

Aysel is at a sports event today with her sister. Some athletes are running. The track is 800 meters around the field. The race is exciting – the athletes are running very quickly. Aysel hopes Hassan wins today!

There is a throwing competition, too. You have to throw the ball as far as you can. Three meters is a good distance for throwing the ball. Someone measures how far the athletes throw the ball. That athlete competed in a sports event and won.

A. Answer the following questions:

1. Where is Aysel? ....
2. What are some athletes doing? ....

B. Choose the correct answer.

3. The track is (600 - 800 - 200) meters around the field.
4. There is a (jumping - swimming - throwing) competition, too.





6 Look and write.

1



The .... will be happy.

2



The .... made a world record.

3



Mohamed Salah is a ....

4



We go to the sports ....



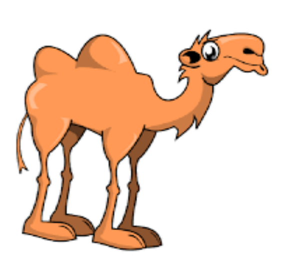
7 Supply the missing letters.

1



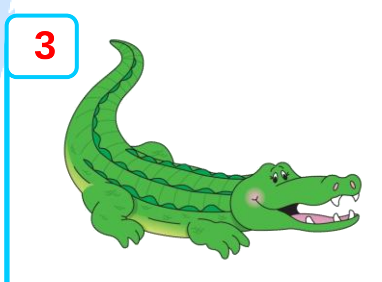
me_a_

2



ame

3



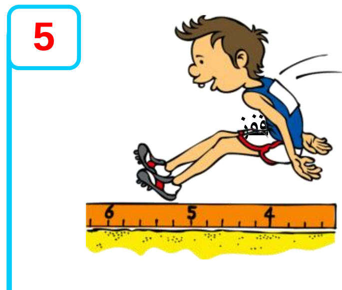
cro_odi_e

4



sp_ _e

5



ju_ _ing

6



ca_e_a